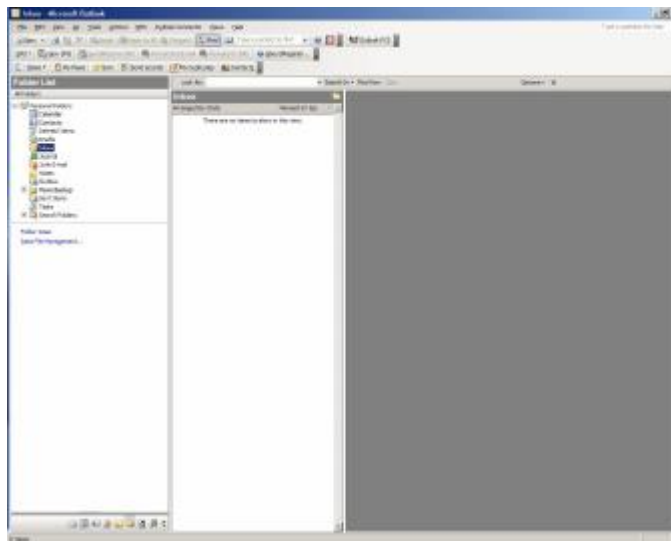


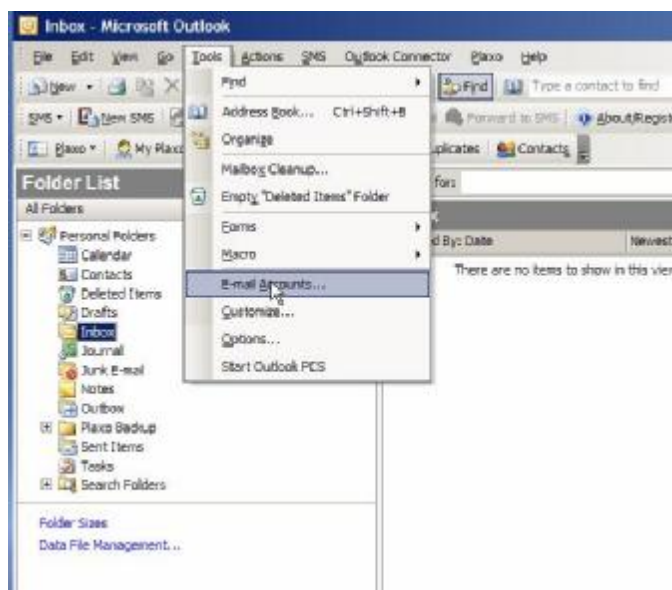
Setting up Internet Arrow Email in Outlook and Outlook Express

Microsoft Office Outlook

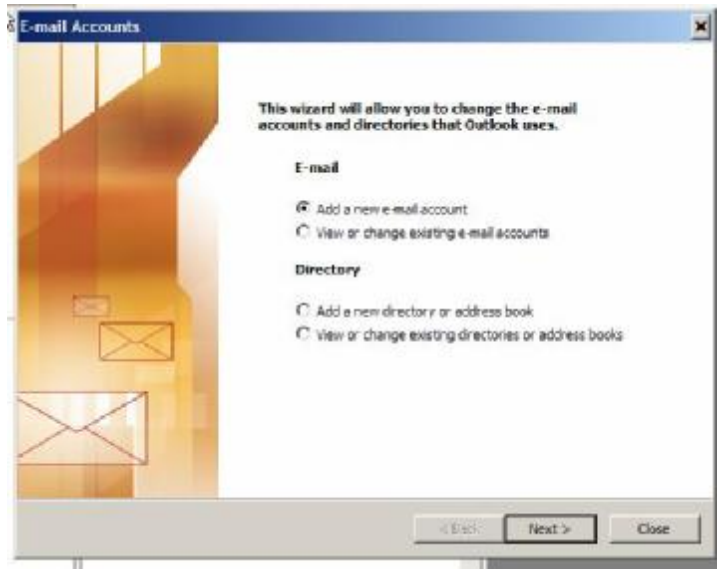
1. Start Microsoft Office Outlook



2. Click on Tools, Email Accounts



3. Choose 'Add a new e-mail account' and click Next



4. Choose POP3 and click Next



5. Complete the details:

Your Name:

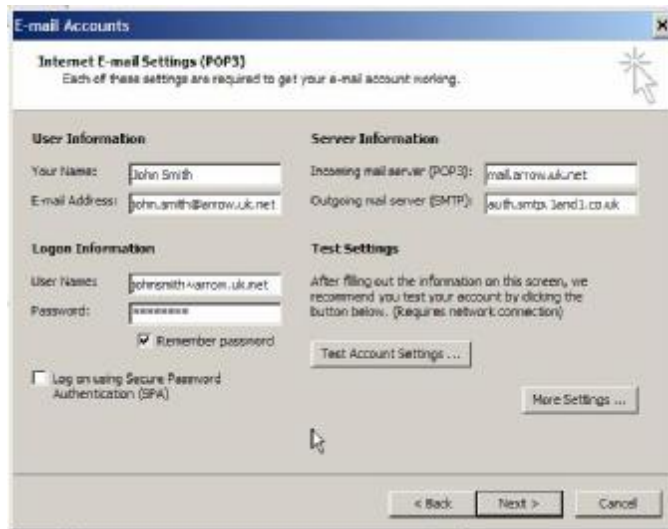
E-mail Address:

Username:

Password:

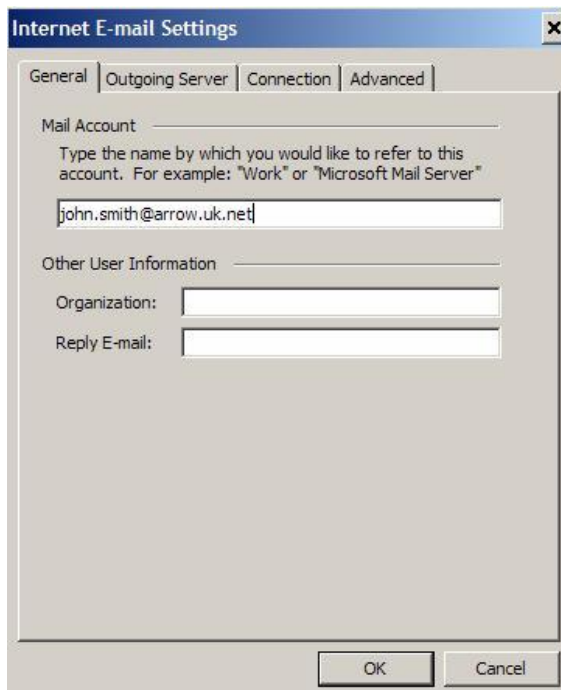
Incoming mail server (POP3): mail.arrow.uk.net

Outgoing mail server (SMTP): auth.smtp.1and1.co.uk



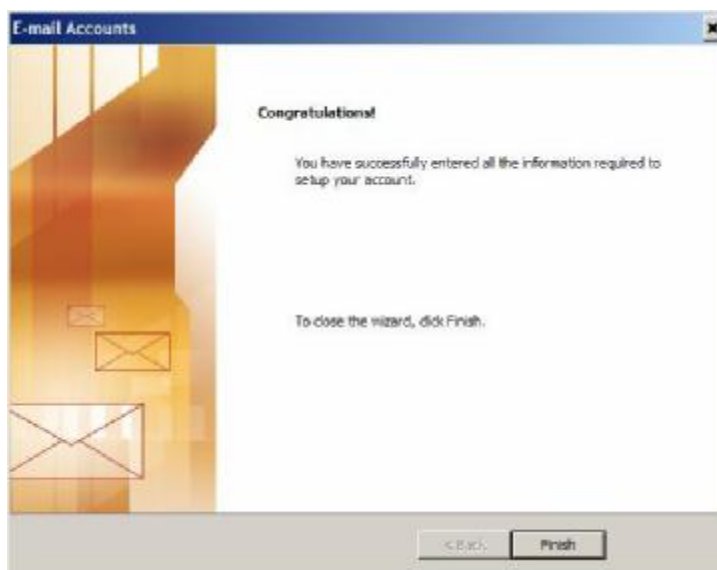
6. Click More Settings

In the mail account box type your email address, then click Outgoing Server



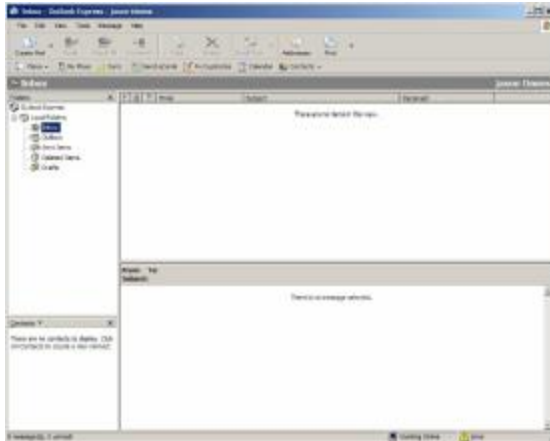
7. Check the 'My outgoing server (SMTP) requires authentication' box
Choose Log on using
Username Box Enter: (call arrow for username)
Password Box Enter: (call arrow for password)
Check the Remember Password Box

8. Click OK, and then Click Finish

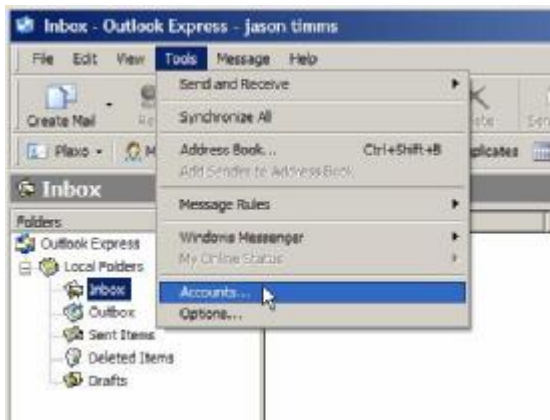


Outlook Express

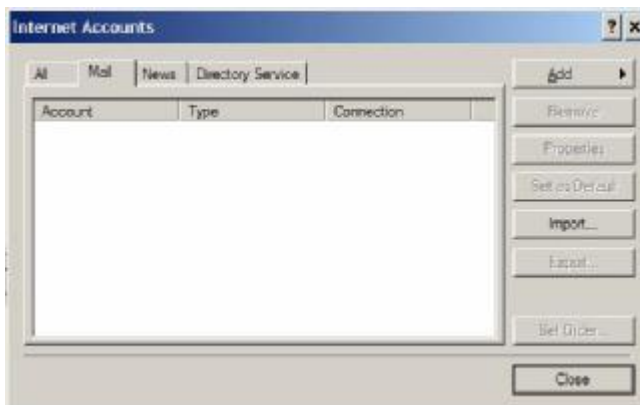
1. Start Outlook Express




2. Click on Tools, Accounts



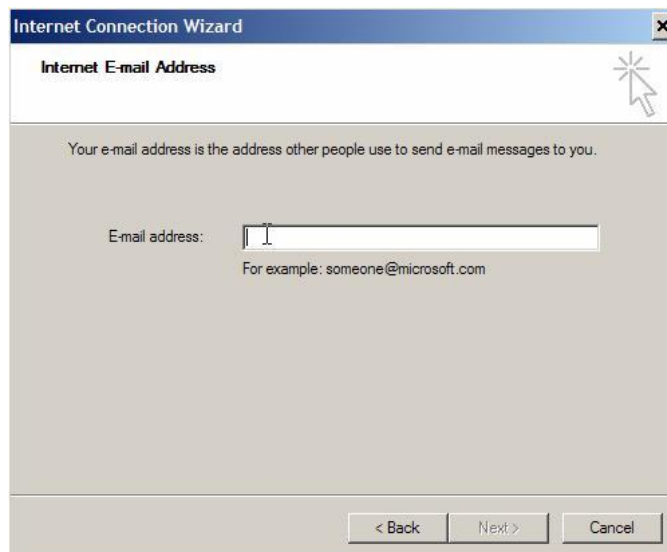
3. Click Add - Mail



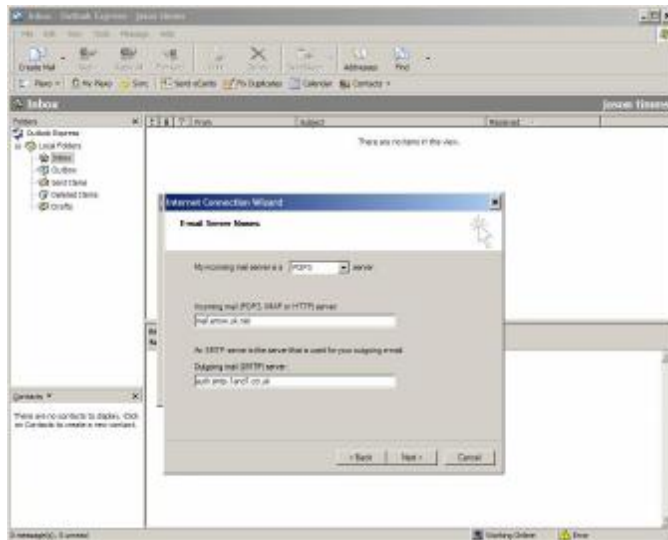
4. Type your name and click Next

A screenshot of the "Internet Connection Wizard" dialog box. The title bar reads "Internet Connection Wizard". The main heading is "Your Name". Below the heading, there is a text box with the instruction: "When you send e-mail, your name will appear in the From field of the outgoing message. Type your name as you would like it to appear." Below this is a text input field labeled "Display name:" with the example "For example: John Smith" underneath it. At the bottom of the dialog, there are three buttons: "< Back", "Next >", and "Cancel".

5. Type your email address and click Next

A screenshot of the "Internet Connection Wizard" dialog box. The title bar reads "Internet Connection Wizard". The main heading is "Internet E-mail Address". Below the heading, there is a text box with the instruction: "Your e-mail address is the address other people use to send e-mail messages to you." Below this is a text input field labeled "E-mail address:" with the example "For example: someone@microsoft.com" underneath it. At the bottom of the dialog, there are three buttons: "< Back", "Next >", and "Cancel".

6. My incoming mail server should be set to POP3
Incoming mail server should be: mail.arrow.uk.net
Outgoing mail server should be: auth.smtp.1and1.co.uk



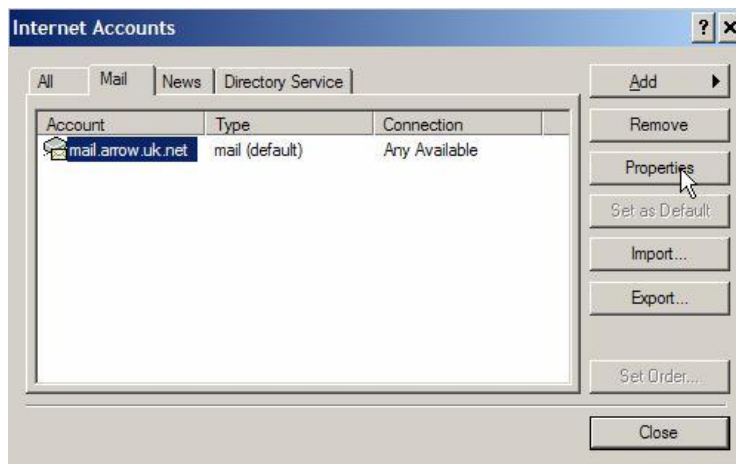
7. Enter you account details, username and password



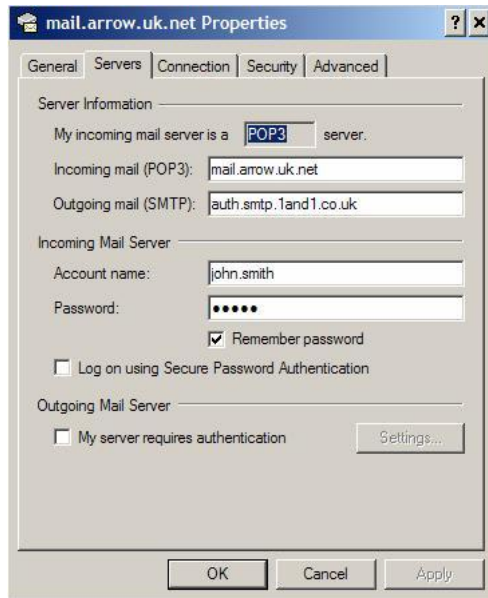
8. Click Finish



9. Click on mail account and then Properties



- Click on the Server Tab and check the My Server requires authentication box. The setting button will become available to click



- Click in 'Log on using' and enter the account name and password (call arrow for the details). Check the Remember password box, but ensure the Log on using Secure Password Authentication is not checked.



- Click OK, OK, Close to start using the mail settings